

The Allen Family Center

open Monday - Friday 9:00 am - 4:30 pm









FREE SERVICES AT THE COMMUNITY RESOURCE CENTER

housing services

Services for families experiencing housing insecurity, including shelter referral, housing support, and social service navigation.

childcare resources

Brightspark staff is on site five days a week to help families applying for childcare subsidies. Kaleidoscope Play and Learn sessions take place twice each week. The NAVOS Infant and Early Childhood Mental Health Program offers fast and easy access to mental health clinicians specializing in early childhood.

basic necessities

Cold weather supplies, hygiene tools, pantry supplies, snacks, diapers, and more for children and adults! Fresh food boxes are available on the first Monday/Tuesday of the month.

health and wellness activities

Monthly, free health and wellness workshops for parents and families. Call or visit the AFC for schedule and information.



206-584-283



3190 South Martin Luther King Jr. Way, Seattle



of Comments







